

December 2023 NEWSLETTER

"I've learned that you can tell a lot about a person by the way he or she handles these three things: a rainy day, lost luggage and tangled Christmas tree lights." —Maya Angelou



President's Message

Doug VanOrsdall

This month's member spotlight is on Jeannine Johnson, our very own in-house Reiki master and meditation person. In talking with Jeannine, I gained a lot of insight into her journey which I am excited to share with all of you. So, sit back, get comfortable and learn a little more about our SLC fellow family member Jeannine!

Rev. Jeannine Johnson was born in Tulsa, Oklahoma and received her bachelor's degree in business administration from Oklahoma State University in Stillwater. The 1980 movie *"Resurrection"* about a woman who heals people inspired Jeannine a great deal. In the end of the movie, the woman heals a child by hugging him. Jeannine prayed right then, "Lord, if it is possible for me to heal people, please make it possible." Shortly thereafter in the late '80s, Jeannine began her Spiritual journey in St. Petersburg FL, attending spiritual churches, spiritual book study classes, other studies and classes on opening up her intuition, psychometry, using a pendulum, and various workshops.

In mid-1992, Jeannine was one of eight attending a group Reiki session at a Spiritual conference. Afterwards, the Reiki Master told Jeannine, "I am guided to tell you that you need to learn Reiki. I live in Miami, so find someone here in St. Petersburg to teach you." Jeannine was very open to the idea already, but Reiki Masters were few and far between, and the cost back then was the same price Jeannine charges today. Knowing this is what she wanted to do to further her spiritual

UPCOMING SPEAKERS:

December 3rd.....Melody Cooper

December 10th.....Forrest Rivers

December 17th.....Angela Devine

December 24th.....Bill Groves

December 31st...Space clearing
and Burning Bowl Ceremony

Doug VanOrsdall & Craig Eister

SPECIAL EVENT:

New Year's Eve Covered Dish



Jeannine Johnson

journey, Jeannine took some time to save the money and to find a teacher, which finally happened in 1997. That same year, she achieved her goal of becoming a Reiki Master. Also in 1997, Jeannine became certified in hypnosis at the Omni Hypnosis school in Deland, FL where she learned to do past life regressions.

Her first regression was with her sister Teresa. Jeanine shared with me that Teresa did NOT believe in past lives but said "let's try it and see what happens." First Jeannine took her back to her 5th birthday party. Teresa said she saw a giant red teddy bear and was then guided to the first time she was able to walk without assistance as a toddler. Teresa said, " Mom's teeth look different and she is wearing a white blouse with a pretty collar." Teresa and Jeannine's Mom later confirmed the teddy bear did in fact exist and produced a picture of the teddy bear. She also shared "Yes my teeth were different as that was before my partial." Next Jeannine took Teresa to another time, another place and another person. Teresa said " I am a man on a black horse, and I am a leader in front of an army of men on horses. She was pacing back and forth on the horse waiting for battle. Teresa later

asked, "I could not have been a man, could I? " Jeannine replied " yes, we can be different genders and we play many different roles in many other lifetimes." Teresa now believes in the possibility of past lives.

Jeannine herself has had many spontaneous past life visions and recollections. One particular lifetime that stands out for her is a young 22-year-old woman, a poet at a tuberculosis center. She is heartbroken because she was engaged and can only see the man through a window and knows she will never marry him and will die soon. Later, Jeannine Googled the woman and discovered she was a listed poet and was known to have invented a particular rhyming stanza that is still being used today. Her exact name and details of that lifetime are in one of Jeannine's journals.

Jeannine was attuned to Reiki 1 and Reiki 2 and was guided to take her Reiki publicly in 2006. She currently teaches and practices Reiki at the Mountain Valley Health Food store at 150 Georgia Road, here in Franklin. If you missed the service a couple weeks ago when Jeannine did a Reiki healing during the service here at SLC, be sure and schedule your own appointment for some wonderful Reiki. You can contact her at (828) 421-9567. Jeannine has lived happily in Franklin for 25 years, and she has 5 grandchildren who live in Florida. We are immensely blessed to have someone like Jeannine who is so in tuned to past lives and Reiki as one of our family members here at SLC Franklin!

Doug

Our Vision

The Spiritual Light Center is a peaceful and joyful fellowship of individuals, centered in love, dedicated to the God within, and honoring the many paths to truth.



Here at SLC We are developing our highest selves by continuous sharing of spiritual ideas, in an environment of unconditional love and respect for others.

We do not have a minister or leader, but host a variety of invited speakers to encourage the free and open discussion of all spiritual thought.



The Shortest Day

by Susan Cooper

*And so the Shortest Day came and the year died
And everywhere down the centuries of the snow-
white world*

*Came people singing, dancing,
To drive the dark away.*

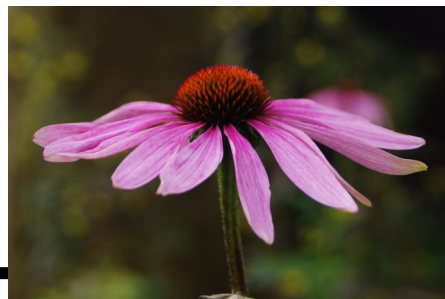
*They lighted candles in the winter trees;
They hung their homes with evergreen;
They burned beseeching fires all night long
To keep the year alive.*

*And when the new year's sunshine blazed awake
They shouted, reveling.
Through all the frosty ages you can hear them
Echoing behind us—listen!*

*All the long echoes, sing the same delight,
This Shortest Day,
As promise awakens in the sleeping land:
They carol, feast, give thanks,
And dearly love their friends,
And hope for peace.*

*And now so do we, here, now,
This year and every year.*

Welcome, Yule!



December

On the back porch, one
foolish Coneflower blooms
violet tutu wind dancing nose
points at the sky, long
in the wake of the band
which has dropped curtain
and trekked home.

Pam Keyser

THURSDAYS AT 3:00

Join us in the Fellowship hall for thought provoking videos and conversation, followed by supper and more fellowship at a local eatery.





Forrest Rivers and **Angela Divine** will be speaking at the Spiritual Light Center on December 10 and 17, respectively. Here they are participating in the Nov. 12th discussion on Joy lead by Don Peeples.

Members Offering Energy Work

Jeannine Johnson, RM, CHT, who is a Reiki Master and teacher, offers ultimate deep relaxation, stress reduction and balance of mind, body and spirit through Reiki. Her office is above Mountain Valley Health Food in Franklin. Contact her at (828) 421-9567.



Master teacher **Madison Jacques** offers Reiki and Shamanic Healing Tuesdays and Fridays from 2 to 5 by appointment.

Email: MadisonMarie.Jacques@gmail.com.

THANKSGIVING POTLUCK





Adopt a Poinsettia

by Sue Ditch

These plants are colorful and festive. Place your poinsettia near a warm, sunny window, but don't let it touch the glass. check the soil often, water when it is dry to the touch. Don't allow the soil to dry out or remain soaking wet.

Keep poinsettias well out of reach of pets and toddlers who might be tempted to treat them as food. Poinsettias are not lethal poison, but are severely irritating to the stomach, and a few nibbles could result in a trip to the emergency room or veterinary office.

Remember also keep a close eye on your bird feeders, make sure they are well stocked with sunflower seeds, thistle, suet and all the good things our fine feathered friends need to chow down on to carry them through the winter.

"Without having experienced the cold of winter, one cannot appreciate the warmth of spring"

Chinese Proverb

Another Reason to Love ALDI

Aldi donates bread and produce twice a week to our local CareNet. CareNet picks up close to expiration date food plus other things that ALDI is rotating out. Another great reason to shop there...

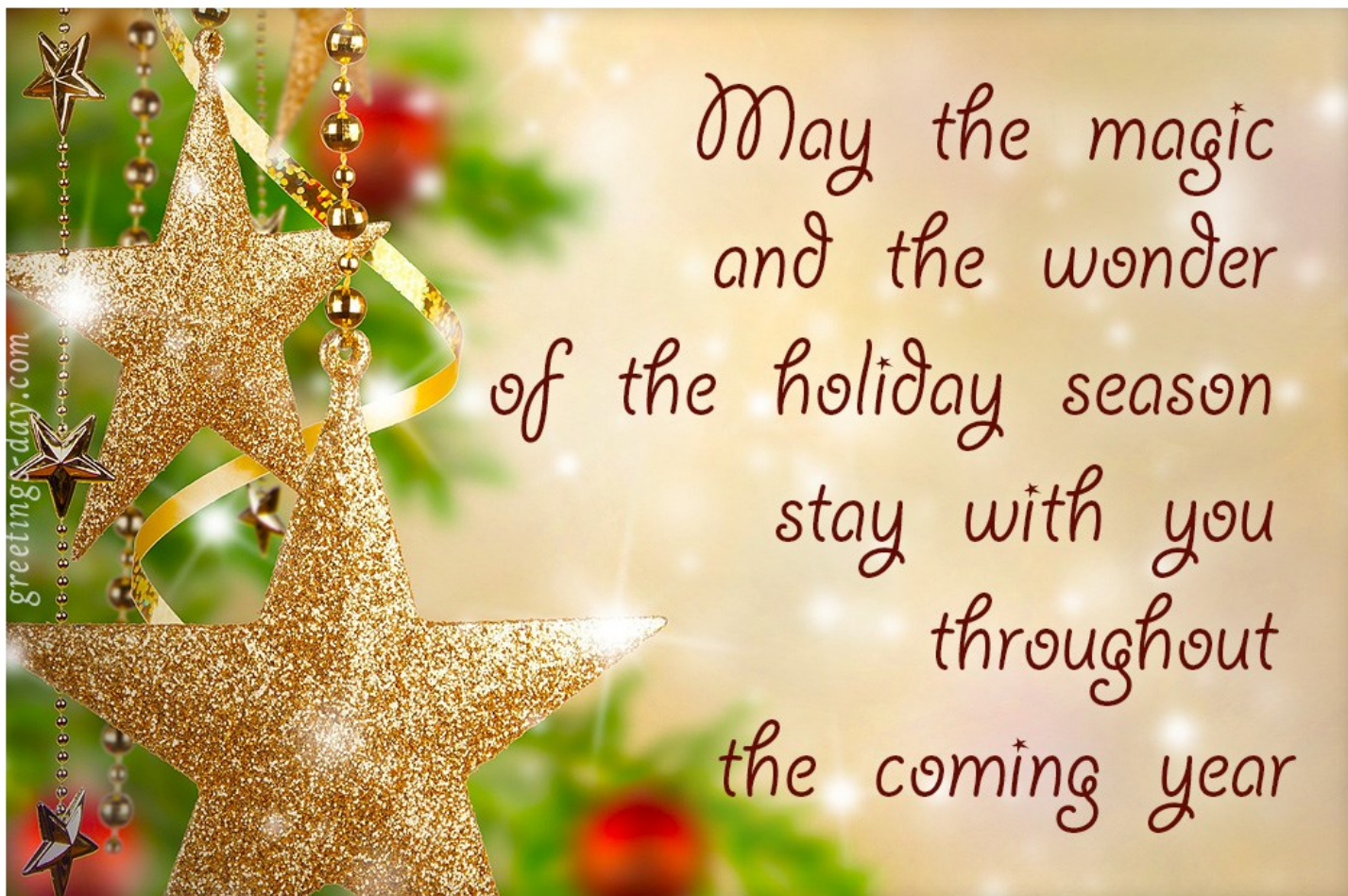
Do you know if Ingles and Food Lion do this as well? Contact management and thank them.



It was hard saying goodbye to Darby Henson as she headed back to Saint Simons Island for the winter. Darby is here chatting with Frank Smith and Sue Ditch before her last meeting until spring. Darby withdrawal has already set in!



Tim Cope and his partner Ron paid a surprise visit Thanksgiving to introduce us to their new pup. Tim is on a break from chemo and is doing GREAT!



***Please consider the Spiritual Light Center in
Your Charitable Giving this Holiday season***

The Spiritual Light Center is facing some unusually heavy expenses in the month of December. Concrete work has begun to divert the runoff from the road which has been dangerously undermining the support columns under our fellowship hall. Our Heritage Hollow Association annual assessment is due, and the state is requiring us to install a backflow valve on our water supply by the end

of the year. Those three expenditures will total almost \$9000. Ouch! Some members have decided to gift the center in honor of their friends in lieu of sending cards or exchanging gifts with each other this year. Thank you one and all! Any financial help you can extend the center is gratefully appreciated as we move forward into the new year.

FINANCIAL REPORT

Balance on 9/30/23.....\$11016.75
Income.....2769.00
Expense.....2131.57
Balance on 10/31/23.....\$11654.18



The **Spiritual Light Center** is located at 80 Heritage Hollow Drive in Franklin (28734) right behind the Gazebo Restaurant in Heritage Hollow. 828-369-3065

slcfranklin@frontier.com www.spirituellightcenter.com

If you would like to contribute to SLC, we have a PayPal account, <https://tinyurl.com/SLC-donate>. This link takes you to a page where you can easily donate one time or make a recurring donation.